

March 2025 NEWSLETTER

Themes

Silly Play

Things will be a little topsy-turvy during this theme! Children will engage in regular pretend play and sensory exploration. Optical illusions, exploring textures, and playing with sounds are covered. Children will also learn about appropriate times to express their silliness.

I Spy Spring

Welcome spring by stepping outdoors and discovering the changes that abound! Children will explore chicks hatching, leaves and grass emerging, and the shift in weather patterns.

Color/ Shape



Alphabet Words

sailboat, salad, ski, sun, tambourine, tent, tiptoe, tongue, umbrella, underground, upstairs, utensils

Letters

Ss, Tł, Uu

Numbers

15-16

Sign Language





Learn with Me!

Silly Words All Around!

Wiggly, squishy, fizzy, foamy, slippery, slimy—these are some of the playful and descriptive words your child will be learning about. Point out everyday things in your home environment that have silly descriptions. Stuffed animals are squishy, soap in the tub is slippery, and carbonated beverages are fizzy. Can your child find anything that's wiggly, slimy, foamy, or makes goofy sounds?

Exploring Spring

Read about spring with your child. Look carefully at the pictures. What symbols of spring are portrayed in the book—rain, flowers, birds, bugs? Go for a walk with your child to look for signs of spring in your area. Talk about the different colors in each of the flowers. Are all of the blossoms shaped the same? How does each flower smell? Are birds building nests? How many different shades of green can you find?

My Project: Kooky Kazoo

When I bring this project home, we can:

- Take turns making different sounds with the kazoo.
- Listen to music together while I play along with the kazoo.

My Project: Pretty Poppies When I bring this project home, we can:

- Display the project and talk about how the flowers were made.
- Look for pictures of different flowers or illustrations of flowers in books.
- Go for a walk and look for flowers growing outside.



FAMILY CONNECTION

Book List

Silly Lullaby by Sandra Boynton

I Can Only Draw Worms by Will Mabbitt

Wiggles, Stomps, and Squeezes Calm My Jitters Down

by Lindsey Rowe Parker

Don't Feed the Coos! by Jonathan Stutzman

Mud!

by Annie Bailey

The Backyard Bug Book for Kids by Lauren Davidson

I Am Spring
by Rebecca and James McDonald

In the Wind by Elizabeth Spurr

Songs & Rhymes

Tommy Thumb

Tommy Thumb is up and Tommy Thumb is down,

Tommy Thumb is dancing all around the town. Dancing on my shoulder, dancing on my head, Dancing on my knee and then tucked into bed.

What's the Weather?

Sung to "If You're Happy and You Know It"

It's time to check the weather, look outside. (Clap, clap.)

It's time to check the weather, look outside. (Clap, clap.)

Is it cloudy? Is it sunny? Is it rainy, windy, snowy? It's time to check the weather, look outside. (Clap, clap.)

Recipe

Springtime Strawberry Dip

4 oz. cream cheese

8 oz. fresh or frozen strawberries

¼ cup plain Greek yogurt

1 T. pure maple syrup (optional)

Place strawberries in a food processor or blender and process until smooth. Add the cream cheese, yogurt, and syrup, if using. Blend



again until smooth. Serve with fresh fruit to dip, such as apple slices, pineapple wedges, or berries.

Reminders		